



### **GentleYAG - Hair Reduction-Pre/Post Treatment Instructions:**

-No waxing, tweezing, coloring, or depilatories on the treatment area four weeks before treatment and throughout the entire course of your treatments.

-Avoid the sun at least 10 days prior to treatment and 10 days after. The chances of pigment changes and other minor skin irritations are high.

-Apply sunscreen daily to exposed areas throughout the course of treatments.

-Come to appointments with the treatment area shaved.

-If you have elected to use a topical anesthetic, apply it to the skin in accordance with the product instructions 1 hour before your scheduled appointment. However, the topical anesthetic must be washed off before treatment.

-Immediately after treatment, there may be erythema (redness) and edema (swelling) of each hair follicle in the treatment site, which may last up to 2 hours, or longer. The erythema may last up to 2-3 days. The treated area may itch or feel like a sunburn for a few hours after treatment. Although rare, a fine crust, swelling, or blistering may develop in sensitive areas. In these instances, you may apply a cool compress and aloe vera as needed until resolved.

-Avoid picking or scratching the treated skin, or using exfoliation products or bleaching creams until all pinkness/irritation has subsided.

-Anywhere from 10-21 days after the treatment, shedding of the treated hair may occur and this appears as new hair growth. This is NOT new hair growth.

-If you must cancel or reschedule your appointment, please contact the office at least 24 hours in advance. Due to the high demand for treatment times, a cancellation fee may be applied.

If you have any questions or concerns, please contact our office, and our technicians will be glad you assist you. 214.644.0658